

Fairview

The chart below summarizes select indicators of health and well-being. Results for Fairview are compared to Vancouver overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

● Better ● Similar ● Worse ◆ Vancouver Average



DOMAIN	Indicator	Fairview (%) n = 781	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	11.9	15.4	16.2	4.9		39.8
	Education level high school or less	18.3	34.4	38.0	58.5		8.9
	Household income under \$40,000	23.5	38.2	31.7	75.6		6.9
	Currently employed	77.0	64.5	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	59.9	50.0	48.5	34.3		73.1
	Mental health (excellent/very good)	63.8	52.2	56.5	39.8		79.9
	Obesity (BMI 30+)	13.6	15.2	21.7	39.7		6.6
	Diabetes	3.8	6.5	7.7	19.1		2.9
	High blood pressure	8.9	14.5	17.9	29.2		8.0
	Chronic breathing condition	8.4	7.7	7.2	13.3		3.7
	Arthritis	9.8	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	15.4	18.5	16.3	28.8		7.2
	Multiple chronic conditions	3.6	6.3	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	33.5	25.7	20.7	39.1		9.5
	Smoker (daily/occasional)	6.3	12.1	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	48.7	45.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	31.5	28.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	15.8	17.1	17.8	29.1		9.0
	Screen time (2+ hours/day)	48.5	49.1	47.8	59.7		32.4
	High physical wellness score (10-16)	48.1	40.9	37.7	21.1		52.1
	PRIMARY CARE ACCESS	Family doctor access	69.8	76.8	83.1	60.2	
Visited health care professional (past 12 months)		81.8	81.2	80.4	63.9		90.1
<i>Visited physician with appointment</i>		69.4	69.6	75.0	60.8		91.6
<i>Visited walk-in clinic without appointment</i>		23.0	19.4	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	26.4	32.7	55.1	92.0		10.7
	Commute - public transit	33.8	38.9	28.2	5.9		53.9
	Commute - walk or cycle	35.9	25.7	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	40.8	52.6	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	49.9	38.1	19.8	4.2		77.4
	Second hand smoke exposure (public places)	28.1	32.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	89.1	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	93.2	81.4	69.5	10.1		96.7
	Transit stop (less than 5 minute walk)	96.9	91.5	84.0	37.5		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	21.7	24.1	26.7	16.6		46.6
	Food secure (enough to eat)	96.5	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	48.6	53.8	55.9	29.0		82.6
	4+ people to confide in/turn to for help	56.0	49.5	45.0	26.8		60.6

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes

