

## Grandview-Woodland

The chart below summarizes select indicators of health and well-being. Results for Grandview-Woodland are compared to Vancouver overall as well as the Metro Vancouver region.

### Compared to Metro Vancouver

● Better   ● Similar   ● Worse   ◆ Vancouver Average



DOMAIN	Indicator	Grandview-Woodland (%) n = 661	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
<b>SOCIO-ECONOMIC</b>	Seniors aged 65+ years	11.3	15.4	16.2	4.9		39.8
	Education level high school or less	37.2	34.4	38.0	58.5		8.9
	Household income under \$40,000	42.5	38.2	31.7	75.6		6.9
	Currently employed	68.2	64.5	64.7	39.4		90.5
<b>HEALTH STATUS</b>	General health (excellent/very good)	42.2	50.0	48.5	34.3		73.1
	Mental health (excellent/very good)	45.7	52.2	56.5	39.8		79.9
	Obesity (BMI 30+)	20.4	15.2	21.7	39.7		6.6
	Diabetes	6.6	6.5	7.7	19.1		2.9
	High blood pressure	12.7	14.5	17.9	29.2		8.0
	Chronic breathing condition	6.6	7.7	7.2	13.3		3.7
	Arthritis	11.8	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	26.1	18.5	16.3	28.8		7.2
<b>LIFESTYLE</b>	Multiple chronic conditions	6.1	6.3	7.9	16.3		2.6
	Binge drinking (1+ times/month)	33.2	25.7	20.7	39.1		9.5
	Smoker (daily/occasional)	19.8	12.1	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	45.4	45.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	30.9	28.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	15.1	17.1	17.8	29.1		9.0
	Screen time (2+ hours/day)	51.0	49.1	47.8	59.7		32.4
<b>PRIMARY CARE ACCESS</b>	High physical wellness score (10-16)	32.1	40.9	37.7	21.1		52.1
	Family doctor access	80.3	76.8	83.1	60.2		99.2
	Visited health care professional (past 12 months)	87.8	81.2	80.4	63.9		90.1
	<i>Visited physician with appointment</i>	63.1	69.6	75.0	60.8		91.6
<i>Visited walk-in clinic without appointment</i>	22.8	19.4	16.5	30.7		4.5	
<b>BUILT ENVIRONMENT</b>	Commute - car	28.0	32.7	55.1	92.0		10.7
	Commute - public transit	44.2	38.9	28.2	5.9		53.9
	Commute - walk or cycle	25.4	25.7	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	56.4	52.6	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	54.5	38.1	19.8	4.2		77.4
	Second hand smoke exposure (public places)	35.6	32.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	81.2	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	92.2	81.4	69.5	10.1		96.7
<b>COMMUNITY RESILIENCY</b>	Transit stop (less than 5 minute walk)	92.3	91.5	84.0	37.5		97.5
	Emergency supplies (3+ days)	18.4	24.1	26.7	16.6		46.6
	Food secure (enough to eat)	90.7	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	64.2	53.8	55.9	29.0		82.6
	4+ people to confide in/turn to for help	53.6	49.5	45.0	26.8		60.6

For indicator definitions, please refer to Technical Notes at [www.myhealthmycommunity.org/Results/TechnicalNotes](http://www.myhealthmycommunity.org/Results/TechnicalNotes)

