

Haney

The chart below summarizes select indicators of health and well-being. Results for Haney are compared to Maple Ridge overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

● Better ● Similar ● Worse ◆ Maple Ridge Average



DOMAIN	Indicator	Haney (%) n = 296	Maple Ridge (%) n = 783	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	15.3	13.8	16.2	4.9		39.8
	Education level high school or less	42.7	41.9	38.0	58.5		8.9
	Household income under \$40,000	24.3	23.8	31.7	75.6		6.9
	Currently employed	63.8	69.6	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	40.4	43.3	48.5	34.3		73.1
	Mental health (excellent/very good)	54.2	51.7	56.5	39.8		79.9
	Obesity (BMI 30+)	27.9	32.8	21.7	39.7		6.6
	Diabetes	8.3	8.3	7.7	19.1		2.9
	High blood pressure	17.6	19.5	17.9	29.2		8.0
	Chronic breathing condition	10.9	7.8	7.2	13.3		3.7
	Arthritis	17.4	15.8	13.1	27.6		4.6
	Mood or anxiety disorder	28.8	25.8	16.3	28.8		7.2
Multiple chronic conditions	7.3	7.1	7.9	16.3		2.6	
LIFESTYLE	Binge drinking (1+ times/month)	22.0	23.9	20.7	39.1		9.5
	Smoker (daily/occasional)	14.3	14.2	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	51.1	47.2	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	26.6	23.8	24.9	12.9		40.8
	Stress (extremely/quite stressed)	27.4	26.3	17.8	29.1		9.0
	Screen time (2+ hours/day)	53.0	53.9	47.8	59.7		32.4
	High physical wellness score (10-16)	31.5	32.4	37.7	21.1		52.1
PRIMARY CARE ACCESS	Family doctor access	89.2	89.0	83.1	60.2		99.2
	Visited health care professional (past 12 months)	76.6	79.9	80.4	63.9		90.1
	<i>Visited physician with appointment</i>	83.3	81.3	75.0	60.8		91.6
	<i>Visited walk-in clinic without appointment</i>	9.3	9.9	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	70.4	75.1	55.1	92.0		10.7
	Commute - public transit	7.5	10.2	28.2	5.9		53.9
	Commute - walk or cycle	19.7	13.0	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	46.8	54.3	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	21.3	15.3	19.8	4.2		77.4
	Second hand smoke exposure (public places)	21.8	22.4	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	70.5	69.5	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	65.0	48.9	69.5	10.1		96.7
Transit stop (less than 5 minute walk)	79.1	75.5	84.0	37.5		97.5	
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	22.8	28.3	26.7	16.6		46.6
	Food secure (enough to eat)	83.4	87.7	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	59.6	56.3	55.9	29.0		82.6
	4+ people to confide in/turn to for help	48.4	46.2	45.0	26.8		60.6

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes

