

## Jarvis & Kennedy

The chart below summarizes select indicators of health and well-being. Results for Jarvis & Kennedy are compared to Delta overall as well as the Metro Vancouver region.

### Compared to Metro Vancouver

● Better   ● Similar   ● Worse   ◆ Delta Average



DOMAIN	Indicator	Jarvis & Kennedy (%) n = 157	Delta (%) n = 1,228	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
<b>SOCIO-ECONOMIC</b>	Seniors aged 65+ years	10.5	19.2	16.2	4.9		39.8
	Education level high school or less	43.7	41.9	38.0	58.5		8.9
	Household income under \$40,000	34.8	21.6	31.7	75.6		6.9
	Currently employed	56.9	62.0	64.7	39.4		90.5
<b>HEALTH STATUS</b>	General health (excellent/very good)	36.9	51.0	48.5	34.3		73.1
	Mental health (excellent/very good)	62.2	61.6	56.5	39.8		79.9
	Obesity (BMI 30+)	39.7	26.6	21.7	39.7		6.6
	Diabetes	s	9.8	7.7	19.1		2.9
	High blood pressure	18.4	21.0	17.9	29.2		8.0
	Chronic breathing condition	s	7.4	7.2	13.3		3.7
	Arthritis	s	16.7	13.1	27.6		4.6
	Mood or anxiety disorder	13.0	15.5	16.3	28.8		7.2
	Multiple chronic conditions	s	10.7	7.9	16.3		2.6
<b>LIFESTYLE</b>	Binge drinking (1+ times/month)	16.2	19.8	20.7	39.1		9.5
	Smoker (daily/occasional)	12.3	8.7	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	34.2	46.0	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	17.7	25.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	16.4	17.9	17.8	29.1		9.0
	Screen time (2+ hours/day)	47.0	44.7	47.8	59.7		32.4
	High physical wellness score (10-16)	33.7	34.6	37.7	21.1		52.1
<b>PRIMARY CARE ACCESS</b>	Family doctor access	77.6	90.7	83.1	60.2		99.2
	Visited health care professional (past 12 months)	80.3	84.4	80.4	63.9		90.1
	<i>Visited physician with appointment</i>	71.7	85.6	75.0	60.8		91.6
	<i>Visited walk-in clinic without appointment</i>	22.2	9.8	16.5	30.7		4.5
<b>BUILT ENVIRONMENT</b>	Commute - car	61.4	71.5	55.1	92.0		10.7
	Commute - public transit	22.5	16.1	28.2	5.9		53.9
	Commute - walk or cycle	s	8.4	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	47.5	55.8	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	11.1	11.5	19.8	4.2		77.4
	Second hand smoke exposure (public places)	17.8	19.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	59.7	69.9	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	78.3	65.8	69.5	10.1		96.7
<b>COMMUNITY RESILIENCY</b>	Transit stop (less than 5 minute walk)	80.9	77.9	84.0	37.5		97.5
	Emergency supplies (3+ days)	27.4	32.0	26.7	16.6		46.6
	Food secure (enough to eat)	94.7	96.4	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	61.2	69.4	55.9	29.0		82.6
	4+ people to confide in/turn to for help	48.7	45.5	45.0	26.8		60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at [www.myhealthmycommunity.org/Results/TechnicalNotes](http://www.myhealthmycommunity.org/Results/TechnicalNotes)

