

Marlborough & Garden Village

The chart below summarizes select indicators of health and well-being. Results for Marlborough & Garden Village are compared to Burnaby overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

● Better ● Similar ● Worse ◆ Burnaby Average



DOMAIN	Indicator	Marlborough & Garden Village (%) n = 193	Burnaby (%) n = 2,193	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	s	16.4	16.2	4.9		39.8
	Education level high school or less	25.3	36.5	38.0	58.5		8.9
	Household income under \$40,000	22.9	34.2	31.7	75.6		6.9
	Currently employed	67.2	63.9	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	47.5	46.2	48.5	34.3		73.1
	Mental health (excellent/very good)	57.5	54.0	56.5	39.8		79.9
	Obesity (BMI 30+)	19.2	19.2	21.7	39.7		6.6
	Diabetes	s	6.0	7.7	19.1		2.9
	High blood pressure	17.2	18.9	17.9	29.2		8.0
	Chronic breathing condition	6.2	7.1	7.2	13.3		3.7
	Arthritis	10.3	12.9	13.1	27.6		4.6
	Mood or anxiety disorder	9.4	13.9	16.3	28.8		7.2
	Multiple chronic conditions	s	8.5	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	13.7	15.3	20.7	39.1		9.5
	Smoker (daily/occasional)	8.4	8.7	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	40.8	40.1	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	21.2	23.9	24.9	12.9		40.8
	Stress (extremely/quite stressed)	19.4	18.4	17.8	29.1		9.0
	Screen time (2+ hours/day)	54.5	48.1	47.8	59.7		32.4
	High physical wellness score (10-16)	43.6	35.5	37.7	21.1		52.1
PRIMARY CARE ACCESS	Family doctor access	77.4	80.7	83.1	60.2		99.2
	Visited health care professional (past 12 months)	79.4	77.2	80.4	63.9		90.1
	<i>Visited physician with appointment</i>	76.2	75.5	75.0	60.8		91.6
	<i>Visited walk-in clinic without appointment</i>	19.7	16.1	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	47.6	51.6	55.1	92.0		10.7
	Commute - public transit	43.6	38.0	28.2	5.9		53.9
	Commute - walk or cycle	5.7	8.5	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	71.0	63.8	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	24.6	14.9	19.8	4.2		77.4
	Second hand smoke exposure (public places)	32.5	30.4	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	76.0	75.7	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	78.5	65.0	69.5	10.1		96.7
COMMUNITY RESILIENCY	Transit stop (less than 5 minute walk)	85.5	82.5	84.0	37.5		97.5
	Emergency supplies (3+ days)	25.6	28.4	26.7	16.6		46.6
	Food secure (enough to eat)	96.3	94.3	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	41.5	49.1	55.9	29.0		82.6
	4+ people to confide in/turn to for help	40.4	40.1	45.0	26.8		60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes

