

North Vancouver CY East

The chart below summarizes select indicators of health and well-being. Results for North Vancouver City East (North Vancouver CY East*) are compared to City of North Vancouver overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

● Better ● Similar ● Worse

◆ City of North Vancouver Average

Metro Vancouver Average
Worst | Best

DOMAIN	Indicator	North Vancouver CY East (%) n = 256	City of North Vancouver (%) n = 734	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	12.0	14.8	16.2	4.9		39.8
	Education level high school or less	27.5	30.0	38.0	58.5		8.9
	Household income under \$40,000	23.5	35.3	31.7	75.6		6.9
	Currently employed	73.2	64.2	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	62.6	54.6	48.5	34.3		73.1
	Mental health (excellent/very good)	62.1	58.7	56.5	39.8		79.9
	Obesity (BMI 30+)	21.6	21.1	21.7	39.7		6.6
	Diabetes	8.0	6.9	7.7	19.1		2.9
	High blood pressure	8.0	15.3	17.9	29.2		8.0
	Chronic breathing condition	11.0	10.2	7.2	13.3		3.7
	Arthritis	9.9	13.2	13.1	27.6		4.6
	Mood or anxiety disorder	20.5	19.9	16.3	28.8		7.2
	Multiple chronic conditions	16.3	7.6	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	28.0	26.1	20.7	39.1		9.5
	Smoker (daily/occasional)	11.6	13.0	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	47.3	48.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	36.9	28.3	24.9	12.9		40.8
	Stress (extremely/quite stressed)	19.2	16.6	17.8	29.1		9.0
	Screen time (2+ hours/day)	47.6	49.0	47.8	59.7		32.4
	High physical wellness score (10-16)	35.1	38.6	37.7	21.1		52.1
	PRIMARY CARE ACCESS	Family doctor access	83.0	81.4	83.1	60.2	
Visited health care professional (past 12 months)		84.6	83.2	80.4	63.9		90.1
Visited physician with appointment		79.3	70.6	75.0	60.8		91.6
Visited walk-in clinic without appointment		15.1	20.5	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	62.1	49.9	55.1	92.0		10.7
	Commute - public transit	20.4	30.3	28.2	5.9		53.9
	Commute - walk or cycle	13.1	14.2	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	50.9	55.4	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	15.7	24.8	19.8	4.2		77.4
	Second hand smoke exposure (public places)	18.3	27.1	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	78.7	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	86.0	87.4	69.5	10.1		96.7
	Transit stop (less than 5 minute walk)	91.3	93.4	84.0	37.5		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	33.6	27.2	26.7	16.6		46.6
	Food secure (enough to eat)	97.2	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	64.2	63.7	55.9	29.0		82.6
	4+ people to confide in/turn to for help	54.2	43.7	45.0	26.8		60.6

*North Vancouver CY East is defined as: Moodyville/Grand Boulevard.

Refer to MHMC Atlas for further neighbourhood boundary definitions at www.myhealthmycommunity.org/Results/Atlas

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes

