

## Renfrew-Collingwood

The chart below summarizes select indicators of health and well-being. Results for Renfrew-Collingwood are compared to Vancouver overall as well as the Metro Vancouver region.

### Compared to Metro Vancouver

● Better ● Similar ● Worse ◆ Vancouver Average



DOMAIN	Indicator	Renfrew-Collingwood (%) n = 561	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
<b>SOCIO-ECONOMIC</b>	Seniors aged 65+ years	16.9	15.4	16.2	4.9		39.8
	Education level high school or less	46.6	34.4	38.0	58.5		8.9
	Household income under \$40,000	47.5	38.2	31.7	75.6		6.9
	Currently employed	61.1	64.5	64.7	39.4		90.5
<b>HEALTH STATUS</b>	General health (excellent/very good)	39.0	50.0	48.5	34.3		73.1
	Mental health (excellent/very good)	45.8	52.2	56.5	39.8		79.9
	Obesity (BMI 30+)	20.3	15.2	21.7	39.7		6.6
	Diabetes	11.7	6.5	7.7	19.1		2.9
	High blood pressure	21.4	14.5	17.9	29.2		8.0
	Chronic breathing condition	10.3	7.7	7.2	13.3		3.7
	Arthritis	9.5	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	11.3	18.5	16.3	28.8		7.2
<b>LIFESTYLE</b>	Multiple chronic conditions	10.1	6.3	7.9	16.3		2.6
	Binge drinking (1+ times/month)	12.7	25.7	20.7	39.1		9.5
	Smoker (daily/occasional)	6.0	12.1	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	35.6	45.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	24.1	28.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	18.4	17.1	17.8	29.1		9.0
	Screen time (2+ hours/day)	49.3	49.1	47.8	59.7		32.4
	High physical wellness score (10-16)	36.3	40.9	37.7	21.1		52.1
<b>PRIMARY CARE ACCESS</b>	Family doctor access	82.9	76.8	83.1	60.2		99.2
	Visited health care professional (past 12 months)	73.4	81.2	80.4	63.9		90.1
	<i>Visited physician with appointment</i>	73.7	69.6	75.0	60.8		91.6
	<i>Visited walk-in clinic without appointment</i>	17.6	19.4	16.5	30.7		4.5
<b>BUILT ENVIRONMENT</b>	Commute - car	38.6	32.7	55.1	92.0		10.7
	Commute - public transit	48.7	38.9	28.2	5.9		53.9
	Commute - walk or cycle	8.9	25.7	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	58.8	52.6	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	10.0	38.1	19.8	4.2		77.4
	Second hand smoke exposure (public places)	33.7	32.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	74.9	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	66.3	81.4	69.5	10.1		96.7
<b>COMMUNITY RESILIENCY</b>	Transit stop (less than 5 minute walk)	85.9	91.5	84.0	37.5		97.5
	Emergency supplies (3+ days)	26.0	24.1	26.7	16.6		46.6
	Food secure (enough to eat)	92.2	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	45.9	53.8	55.9	29.0		82.6
	4+ people to confide in/turn to for help	43.5	49.5	45.0	26.8		60.6

For indicator definitions, please refer to Technical Notes at [www.myhealthmycommunity.org/Results/TechnicalNotes](http://www.myhealthmycommunity.org/Results/TechnicalNotes)

