



my Health  
my Community

# Do you know your neighbours?

Tell us at [www.myhealthmycommunity.org](http://www.myhealthmycommunity.org).  
Your voice for a healthier community.

**Vancouver  
CoastalHealth**  
*Promoting wellness. Ensuring care.*

 **fraserhealth**  
Better health. Best in health care.



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THE UNIVERSITY OF BRITISH COLUMBIA  
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Where you live, work and  
play affects your health.



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